



# Fluorescence Interference Contrast-enabled structures improve the microarrays performance



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## ABSTRACT

Continuous improvements of the fluorescence-based sensitivity and specificity, required for high throughput screening, diagnostics, and molecular biology studies, are usually addressed by better readout systems, or better reporting elements. However, while Fluorescence Interference Contrast (FLIC), which modulates the fluorescence by materials-based parameters, has been used for decades to measure biomolecular interactions at nanometer-precision, e.g., for the study of molecular motors and membrane processes, it has been seldom used for high throughput or diagnostic microdevices. Moreover, the amplification of both the fluorescence signal, modulated by vertically-nano-calibrated structures, and the signal/background, modulated by laterally-micro-calibrated structures, has not been explored. To address this synergy, structures comprising optically transparent silicon oxide, tens of micrometers-wide and with thicknesses in the low hundreds of nanometers, which are able to promote the formation of standing waves if patterned on a reflective material, have been designed, fabricated and tested, for the use in DNA- and protein arrays. The light emitted by a fluorophore placed on top of the structures and reflected by a bottom mirror surface, e.g., silicon, platinum, is physically constrained to a region defined lithographically, both vertically and laterally, i.e., micro-pillars and -wells, resulting in an accurate identification and quantification of fluorescence. The signal/noise ratio on micro-/nano-structured substrates is comparable to that measured on planar substrates, but the physical confinement of the microarray spots results in a considerable increase of the intra-feature uniformity.

## 1. Introduction

Microarrays offer the advantage of a highly parallel, unsupervised identification and quantification of bio-molecular recognition events (Müller, 2005), but this rather straightforward high throughput analysis comes at the cost of having to process large amounts of data associated with the quantification of fluorescence signals of geometric patterns – the microarray spots.

For a given system of delivering the liquid samples, the quality of the printed features is the result of the interplay between processes taking place at the interface between a solid, liquid and gaseous phase: wetting, spreading, evaporation dynamics and transport phenomenon (McHale, 2007). For instance, the liquid transfer from a split pin to a surface is a result of cohesive and adhesive forces (Wu et al., 2012); and the intra-spot fluorescence distribution is a result of both droplet evaporation and contact line pinning (Deegan et al., 1997; Dugas et al.,

2005; Hu and Larson, 2006; Moran-Mirabal et al., 2007). Further, the morphology of the printed features affects heavily the outcome of the detection and quantification process (Rickman et al., 2003; Wu et al., 2001) and, by extension, both the quality of the information extracted and the efficiency with which this is carried out, thus being an important source for variability and statistical uncertainty in microarray technology (Schuchhardt, 2000).

Because the algorithms designed to perform this quantification use the geometrical parameters of a microarray spot, i.e., its shape (Jain, 2002), dimension, and position (Lehmussola et al., 2006), as inputs, their quality and reproducibility will translate in the quality and reproducibility of the microarray data. The criticality of the geometrical parameters of microarray spots resulted in a vast variety of processing conditions aiming to optimize the printed feature morphology (Dawson et al., 2005; Taylor et al., 2003), such as humidity and various additives, e.g., betaine (Diehl et al., 2001), betaine and DMSO (McQuain

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et al., 2003), or denaturants, e.g., DMSO and formamide in the presence of detergents (Rickman et al., 2003). Alternatively, there are parallel efforts to address the often imperfect geometrical patterns of microarray spots by the development of various approaches to feature extraction (Bozinov and Rahnenfuhrer, 2002). It follows that a microarray substrate that imposes a predefined, precise shape, size, and position of the microarray spots will inherently improve the feature extraction process and thus improve the quality of microarray data.

The continuous improvement of fluorescence-based sensitivity and specificity of microarrays is usually the result of improvements of better readout systems, or better reporting elements, e.g., fluorophores, quantum dots, rather than surface-based technical solutions. However, micro/nano-structured surfaces, which modulate the fluorescence of the surface-immobilized biomolecules and cells, have been successfully exploited to quantify, with nanometer precision, biomolecular interactions. Indeed, Fluorescence Interference Contrast (FLIC), which uses optical interference to modulate the intensity of the signal of a fluorophore as a function of its distance to a mirroring basal substrate, has been used to study the interaction between cytoskeletal filaments and protein molecular motors (Dumont et al., 2013; Kerssemakers et al., 2006, 2009; Nitzsche et al., 2016; Persson et al., 2010), the interactions between membranes and various tethered biomolecules (Ajo-Franklin et al., 2005; Chung et al., 2009; Crane et al., 2005; Dabkowska et al., 2015; Ganesan and Boxer, 2009; Kaizuka and Groves, 2006; Parthasarathy and Groves, 2004a, 2004b) and processes in cells immobilized on surfaces (Braun and Fromherz, 1997; Gleixner and Fromherz, 2006; Iwanaga et al., 2001; Kiessling et al., 2000; Sorribas et al., 2001; Zeck and Fromherz, 2003). Despite this rather extensive work, FLIC-enabled micro/nano-structures have not been used in microarray technology.

To this end, the present contribution proposes the use of FLIC-enabled, finely-calibrated micro/nano-structured surfaces, which amplify the fluorescence resulting from biomolecular recognition events, as well as quenching the parasitic fluorescence background, thus improving the signal/noise ratio. These FLIC-enabled structures also provide precise geometrical patterns for microarray spots, thus increasing the uniformity of the spot fluorescence and therefore the quality and reproducibility of microarray data.

## 2. Methods and materials

### 2.1. Microarray substrates

The fabrication of FLIC-enabled structured surfaces used standard semiconductor manufacturing. Briefly, silicon wafers were used as received if silicon was the reflective material. Alternatively, a 100 nm platinum layer has been deposited, if chosen as reflective material, on the 10 nm titanium layer deposited on silicon wafer to improve the adhesion between Pt and Si. The fabrication of the reflective surfaces was followed by the deposition of silicon dioxide layers, as spacers, with thicknesses of 20, 40, 60, 80 and 100 nm. The SiO<sub>2</sub> spacer layers on all surfaces were patterned by optical lithography, followed by SiO<sub>2</sub>-etching, to obtain rectangular FLIC-enabled structures with lateral dimensions of 1, 1.25, 1.5, 2, 3, or 5  $\mu\text{m}$  (areas of 1, 1.5625, 2.25, 4, 9, and 25  $\mu\text{m}^2$ ). The fabrication process is presented in Fig. 1A (detailed fabrication protocols are presented in the [Supplementary information](#) section). The FLIC-enabled structures were characterized by optical, and by Atomic Force Microscopy (AFM, Fig. 1B).

Following the optimization of the geometry of the FLIC-enabled structures, another set of microarray substrates were fabricated with using the same procedures, but presenting both SiO<sub>2</sub> pillars, and wells, with optimum rectangular footprints (area: 25  $\mu\text{m}^2$ ). Negative control areas, on which no FLIC response is expected, comprising flat, non-processed areas (Control 1, with native SiO<sub>2</sub>), and positive control areas (Control 2, with SiO<sub>2</sub> layers with the same thickness as the adjacent optimized FLIC structures), on which FLIC response is expected were

present on the same microarray surface. The surfaces in all stages of use were characterized by TOF-SIMS analysis.

Commercially available, high sensitivity substrates, i.e., Nexterion E and HiSens E epoxy coated slides, purchased from Schott AG (Mainz, Germany), were also used as controls.

### 2.2. Functionalization and biomolecular recognition

The functionalization of microarray substrates used either (3-aminopropyl)triethoxysilane (APTES), or (3-Glycidyloxypropyl)trimethoxysilane (GPTES).

APTES has been used for the initial calibration of the optimum geometry of the FLIC-enabled structures. Briefly, following the functionalization of the SiO<sub>2</sub> surface with amino groups, the differential fluorescence has been revealed via the reaction with NHS ester-derivatised fluorescent dye (DyLight 649). To demonstrate the viability of the FLIC-enabled surfaces for microarray-type applications, for oligonucleotides, and for proteins, respectively, the FLIC-enabled structures were further functionalized with the avian flu virus strand, or biotinylated, respectively, then the differential fluorescence signal was revealed by hybridization with Cy-5 labeled cDNA, or FITC-labeled streptavidin, respectively (Fig. 1C).

The GPTES-based procedure, which was thoroughly optimized (details in [Supplementary information](#) section), was used to quantify the performance of FLIC-enabled arrays, benchmarked against controls, and against high sensitivity microarray substrates. Briefly, the amino-functionalized FLIC-enabled structures and the controls were further functionalized with synthetic oligonucleotides with the probe with a sequence: 5' CCTCAAAGAGAGAGAAGAAGAAA 3', with a C6 amine modifier at the 5' end; then these probe-functionalized surfaces were hybridized with the complementary target with a sequence: 5' TTTCTTCTTCTCTCTTTGAGG 3', with a Cy5 modification at the 5 end.

The printing of the capture probes was carried out in a manner consistent with the protocol recommended by Schott for their high sensitivity slides (Conzone and Redkar, 2004). The hybridization was carried out using solutions containing different target concentrations, from 1 to  $3.2 \times 10^{-11}$   $\mu\text{M}$ . Post hybridization washes were carried out for 10 min as per the Schott protocol. After washing, the slides were dried in a gentle stream of nitrogen.

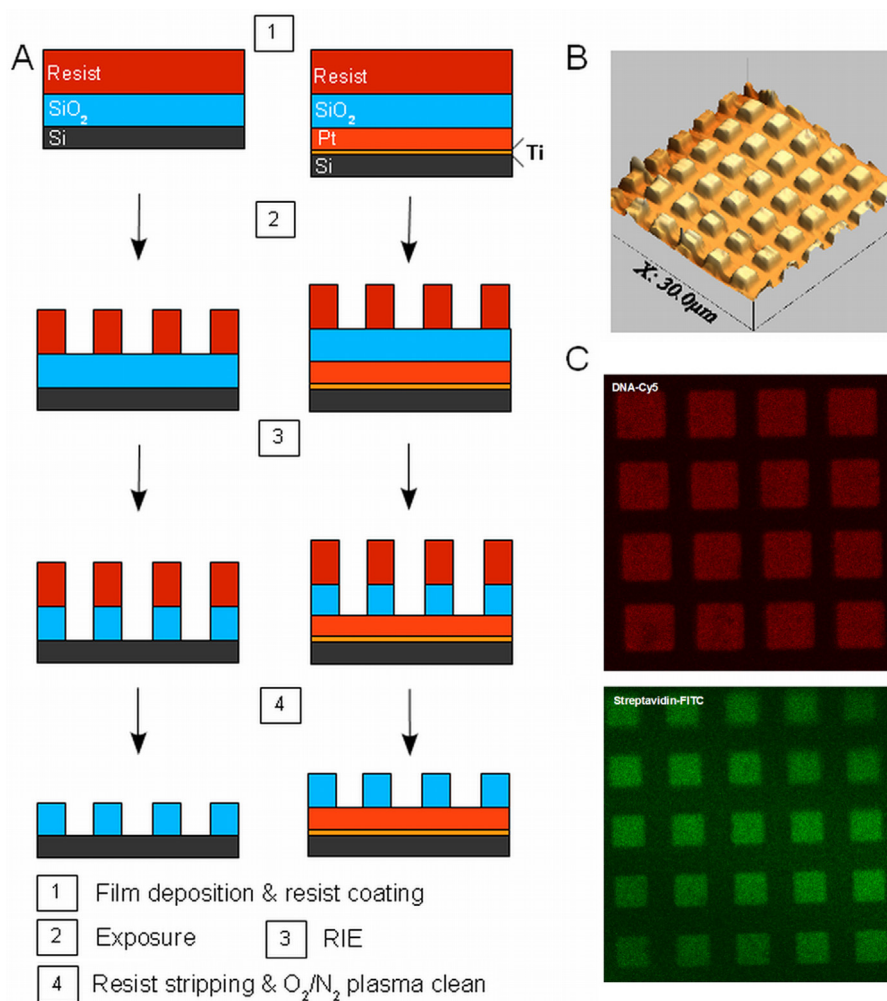
Full and detailed description of the protocols regarding the functionalization and subsequent hybridization of the microarray substrates is provided in [Supplementary information](#).

### 2.3. Instrumentation

Optical fluorescence microscopy used a Zeiss Observer microscope equipped with a LSM 510 laser scanning confocal module. AFM imaging was carried out using a CP-II atomic force microscope (Veeco, USA) equipped with a large area scanner. Tapping mode scanning was employed using silicon probes attached to cantilevers with a typical force constant of 40 N/m and a typical resonance frequency of 300 kHz (Budget Sensors, Windsor Scientific, UK). The contact angle measurements used a Drop Shape Analysis System DSA 10 Mk2 (Kruss, Germany). Surface adsorbates decontamination was carried out in a Bioforce Nano UV-ozone chamber (Bioforce Nanosciences, USA). Finally, microarray spots were printed with a VP 478A Floating Pin Replicator using manual split pins with a capacity of 500 nL (V&P Scientific, San Diego, USA). Test substrates were imaged on a GenePix 4000B Microarray Scanner (Molecular Devices, USA).

### 2.4. Image analysis and quantification

The image analysis of all fluorescent samples used the laser scanning confocal microscope. Excitation was achieved using a 633 nm laser line and the emission was collected using a 650 nm long pass filter. The images, in their original format, were processed using the freely



**Fig. 1.** Micro/nano-structured microarray surfaces. A. Fabrication process. Reactive Ion Etching (RIE) is required to etch vertically the structures. B. An (AFM) topography scan (the height of the pillars is exaggerated and the walls appear rounded due to the small vertical dimensions compared with the apex of the AFM tip). C. Cy-5 modified avian flu virus sequence (left) detected through hybridization and streptavidin-FITC (right) mounted on biotinylated micro/nano-structures.

available ImageJ package (Rasband 1997–2011) together with the Zeiss Laser Scanning Microscope (LSM) Reader and the LSM Toolbox plug-ins. The extracted parameters, i.e., surface area; signal mean, background mean and standard deviation and the integrated signal intensity were processed further using the commercially available software Origin (Origin Lab, Northampton, MA, USA). Full details regarding the image analysis and quantification are presented in [Supplementary information](#).

### 3. Results and discussion

#### 3.1. Optimization of the parameters of the micro-/nano-structured microarray substrates

##### 3.1.1. Selection of materials

The well-developed mathematical formalism of the standing wave effect (Levinson, 2005) associated with FLIC (Brandstatter et al., 1988; Lambacher and Fromherz, 1996, 2002; Nakache et al., 1985), presented in detail in the [Supplementary information](#) section, would, in principle, make the selection of materials for the micro/nano-structured surfaces straightforward. Indeed, from the optics point of view, the amplification of the fluorescence signal requires the most transparent material for the spacer layer, and the most reflecting material for the mirroring surface. However, for the real FLIC-enabled structured surfaces additional issues need to be considered, as follows.

- First, the chosen materials for FLIC-enabled structures must be amenable to micro- and nanofabrication, preferably by classical semiconductor manufacturing techniques. Also, the adhesion between the spacer and the reflecting material must be excellent, or alternatively, intermediate layers should be made available, but these should not reduce the optical properties of the reflecting surface or the spacer layers.
- Second, if the standard electrode potential of the two materials in contact is too different, then the junction between them, e.g., surrounding the FLIC-enabled structures, in contact with the buffered fluid containing analytes, will operate as an electrolytic cell, further damaging the contact between the spacer and the reflector, and possibly changing the composition of the analyte fluids.
- Third, the interplay between the geometry of the structured surface, e.g., pillar, wells, and the surface tension of the reflecting and spacer materials, modulate the wettability at the micro, or even nano-scale (Kašpar et al., 2016), thus impacting on the final lateral distribution of microarray spots.
- Fourth, the selection of two materials could, in principle, offer the opportunity of using their different nature to improve the signal/background ratio. Indeed, gold, which has a high reflectivity, can be functionalized using thiol-based chemistry, to repel target biomolecules, e.g., proteins, while the SiO<sub>2</sub> spacer structures could be functionalized using a different chemistry to ensure a high concentration of probe biomolecules (Kašpar et al., 2016).

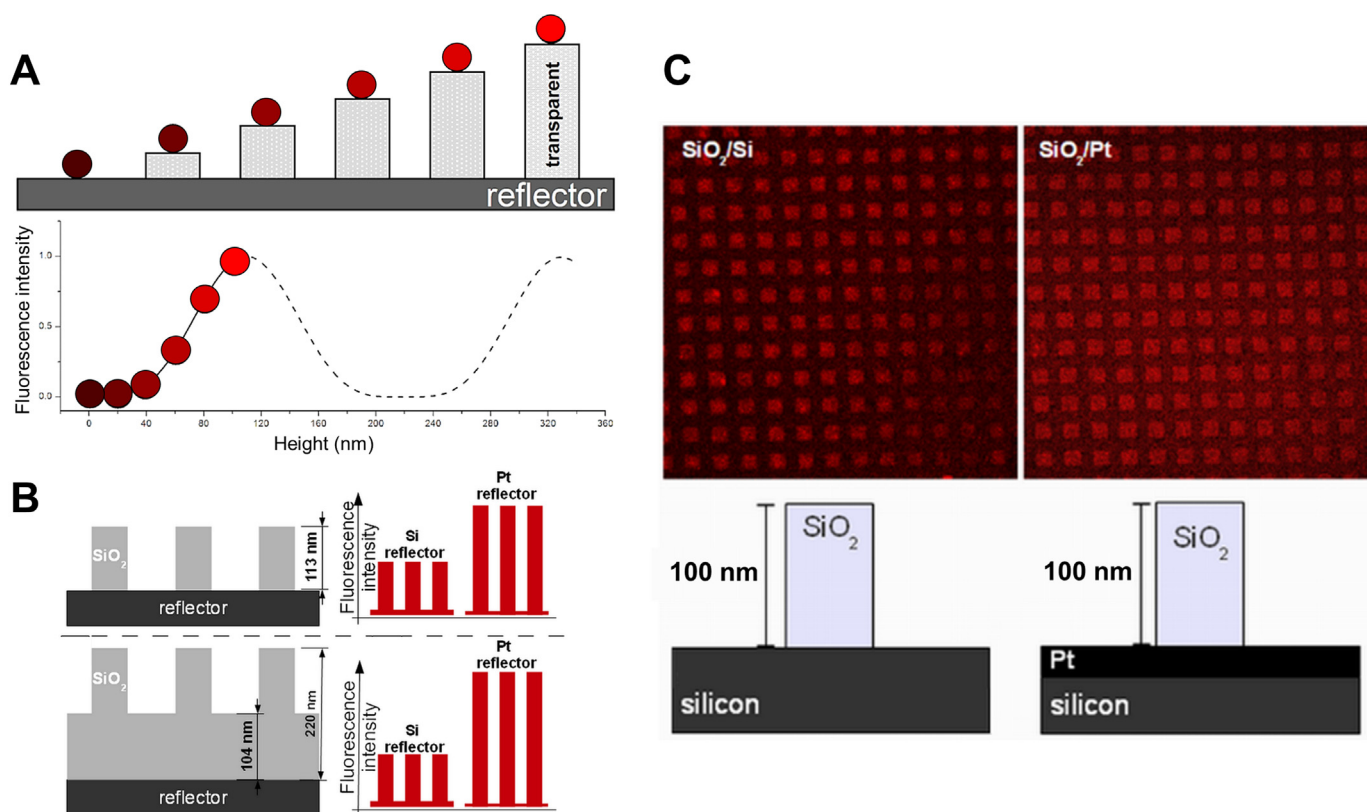
Considering the above,  $\text{SiO}_2$ , and Si or Pt, were chosen as the spacer, and reflecting material, respectively. Indeed,  $\text{SiO}_2$  has very good transparency, i.e., above 90% for the visible spectrum. While Au has a very good reflectivity, and also offers very good alternative chemistry vs. the one to be used for silicon-based materials, it has to be avoided as reflecting material due to its poor adhesion to  $\text{SiO}_2$ , as well as large difference in standard electrode potential, in particular in low pH buffers (Bartolini et al., 2013). Conversely, Si has an inherently perfect adhesion to  $\text{SiO}_2$  and reasonable reflectivity, i.e., 30–40% (Huen, 1979; Wu and Chiou, 1996a, 1996b). Finally, while Pt has a very good reflectivity, i.e., nearly 80% (Yu et al., 1968), it has a less-than perfect adhesion to  $\text{SiO}_2$ , requiring more careful fabrication protocols, e.g., slower deposition of layers. All materials are amenable to well-established semiconductor manufacturing protocols.

### 3.2. Optimization of the geometry of the FLIC-enabled micro/nano-structures

The theoretical description of the FLIC phenomenon (Brandstatter et al., 1988; Lambacher and Fromherz, 1996, 2002; Nakache et al., 1985) allows for an unambiguous prediction of the modulation of the signal of a fluorophore placed at the top of the FLIC structure by its height. Essentially, when a fluorophore is placed above a reflecting surface, its emitted light directed towards the basal surface is subject to interference upon reflection from the bottom mirror (the light initially directed away from the basal surface is not affected). Depending on the wavelength of the emitted light, the distance between the fluorophore and the mirror induces a relative amplification, or quenching, of the fluorescence signal. Full details of the theoretical background are presented in [Supplementary information](#) section, and the principle is

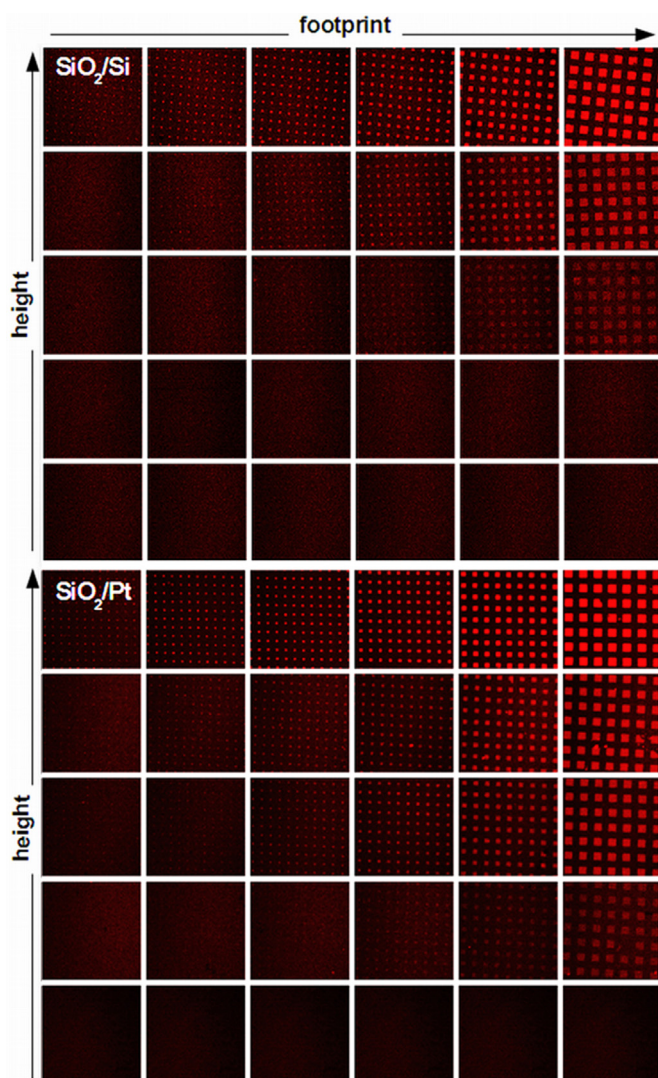
presented in Fig. 2A. For instance, the fluorescence signal of the Cy5 fluorophore placed on a  $\text{SiO}_2$  pillar (spacer) mounted on a Si surface (reflector) reaches a maximum at approximately 100 nm height of the pillar (Fernandez, 2009a), regardless of the reflectivity of the mirror surface. Conversely, a relative quenching of the fluorescence signal is obtained for distances between the fluorophore and the mirror surface around 200 nm. Finally, because FLIC phenomenon is recursive, i.e., the fluorescence maxima and minima appear, sequentially, with the increase of the distance between the fluorophore and the reflecting surface, various designs of the FLIC-enabled structures are possible. For instance, the pillars-based design (Fig. 2B top) will induce the relative amplification of the fluorescence on the top of the pillars, comparative with the neutral fluorescence from the fluorophores present on the basal surface (if this has the same chemical nature as the top of the pillars). Alternatively, a wells-based design (Fig. 2B bottom) will induce the amplification of fluorescence at the bottom of the wells, but also the quenching of fluorescence from the fluorophores placed on the approximately 200 nm-high pillars.

Although the fundamentals of FLIC phenomenon are largely established, there are many other parameters, e.g., imperfect reflection, non-normal light incidence, fluorophore molecular orientation, modulation of the actual emission by the molecular environment of the fluorophore, light polarization, variation of the optical properties of materials due to fabrication processes, etc., which impact on the actual optimum height of the spacer pillar. Consequently, experimental efforts to find the optimum vertical dimensions for the FLIC structures, taking those predicted by FLIC theory as guidelines, are fully warranted. Preliminary experiments revealed that many of the predictions of the FLIC theory hold. For instance the maximum fluorescence, for Cy-5-labeled molecules, is obtained for heights of the FLIC pillars of approximately



**Fig. 2.** Modulation of the fluorescence signal by the height of the microstructure. A. The emitted light from a fluorophore placed at a distance from a reflecting surface is, upon reflection, subject of optical interference, which results in its relative amplification, until a maximum uniquely determined by the wavelength of the light. After this maximum, the further increase of the distance between the fluorophore and the mirror surface will result in a quenching effect. B. The optimum design of the micro-pillars (top), and micro-wells (bottom), patterned on a Si, or Pt surface used as reflector (drawing not to scale). C. Detection of the avian flu virus on FLIC-enabled structures.





**Fig. 3.** Modulation of the fluorescence by the width of the micro-pillars. The effect of the height of the micro-terrace (increasing from bottom to top) and footprint (increasing from left to right) on the amplification of fluorescence for silicon oxide microstructures on silicon (top) and platinum (bottom).

100 nm, and conversely, the minimum fluorescent intensity is observed for distances between the fluorophore and the reflector around 200 nm (Fig. 2A). Also, the overall intensity of the fluorescence signal is considerably weaker on structures standing on Si than those on Pt, due to the considerable lower reflectivity of the former (scheme in Fig. 2B right; experimental validation in Fig. 2C). Finally, it was experimentally demonstrated that the region around 100 nm, being the first region in the FLIC amplification spectrum, could produce notable amplifications for several fluorophores with quite different emission wavelengths, e.g., Cy5 (670 nm), FITC (518 nm), as presented in Fig. 1 C1 (Supplementary information Fig. SI2).

The variation of the overall fluorescence signal/unit area with the lateral dimension of the FLIC structures is more difficult to control. Indeed, Fig. 3 presents the fluorescence signal on pillars with the optimum height for Cy5 fluorophore, i.e., 100 nm, but for areas where the FLIC-enabled structures have lateral dimensions starting from 1 to 5  $\mu\text{m}$ . A brief inspection of the variation of fluorescence signal versus the area of the FLIC-enabled structures shows that the fluorescent images with the best contrast, be that on Si, or Pt, are obtained for structures with the largest area. Furthermore, the quantification of the fluorescence signal/unit area (Supplementary information Fig. SI4) demonstrates that FLIC-enabled structures with a footprint of 25  $\mu\text{m}^2$

are capable to deliver an amplification of up to  $4 \times$ , and  $3 \times$ , for Pt-, and Si-based substrates, respectively, but only  $2.5 \times$ , and  $1.5 \times$ , for the same surfaces footprints of 1  $\mu\text{m}^2$ . This reduced amplification is remarkable, in particular as the top area of the FLIC structures per unit area, e.g.,  $100 \times 100 \mu\text{m}$ , is identical for all footprints considered. The amplification effect reaches a plateau around  $10\text{--}25 \mu\text{m}^2$  (Supplementary information Fig. SI5). Several explanations are available, some of the most probable as follows. First, the roughness of the vertical walls, which increases for smaller features due to the more difficult lithographic reproduction, are likely to have a deleterious, light-absorbing effect on the light reflected from the mirror surface. Moreover; these optical edge effects amplify for smaller features, as the ratio of the area of vertical walls versus the pillar footprint is considerably larger for small features, e.g., 4:1 for a  $1 \times 1 \mu\text{m}$  pillar versus 20:25 for a  $5 \times 5 \mu\text{m}$  one. Second, an optical absorbance effect could be the result of the parasitic lateral reflections on the non-vertical walls, relatively more prevalent for smaller features. Third, smaller pillars may induce deleterious interference effects in structures with dimensions closer to the wavelength of the light passing by. Whatever the explanations for the decrease in the amplification of fluorescence by the decrease of the area of the FLIC-enabled substrates, further experiments quantifying their performance used structures with the optimum 25  $\mu\text{m}^2$  area.

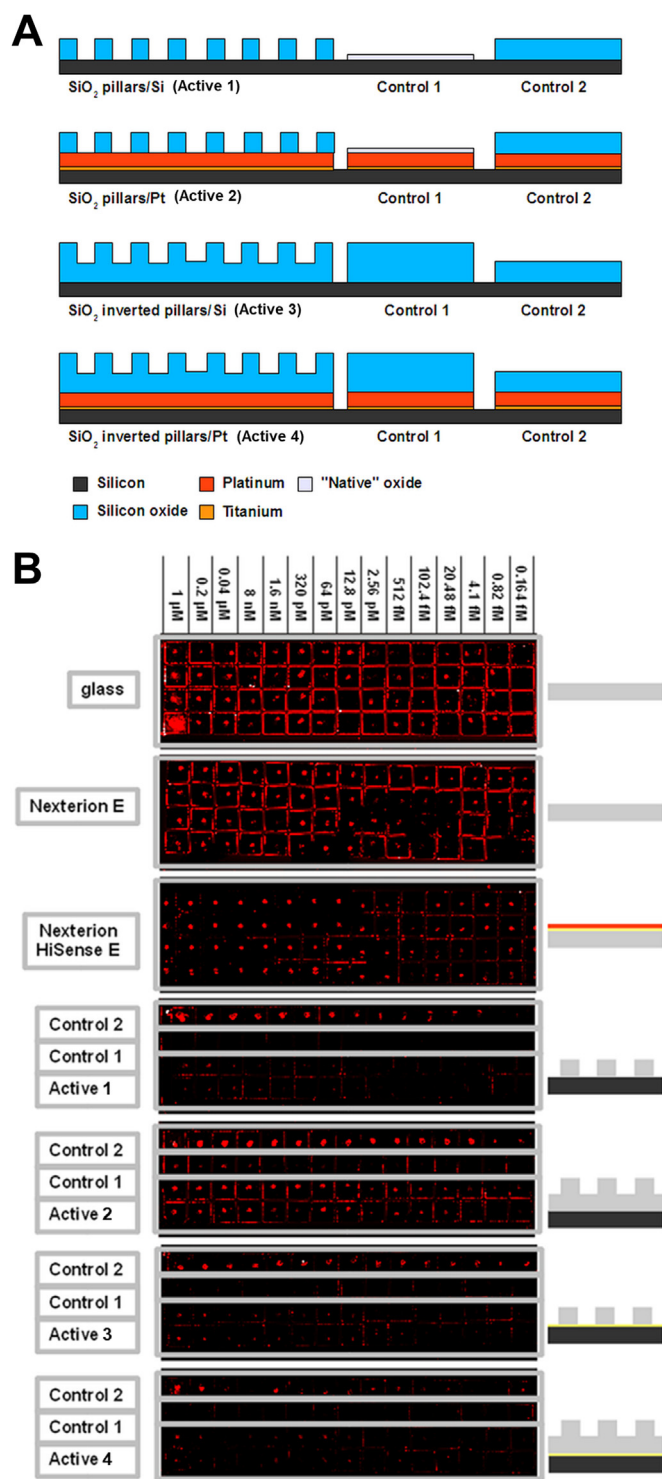
### 3.3. Performance of the micro-/nano-structured microarray substrates

#### 3.3.1. Signal/noise ratio

One of the main performance parameters of a microarray image is its Signal/Noise Ratio (SNR). Classically, SNR definition assumes that the ‘true’ signal comes from the biomolecular recognition between the probe immobilized on the surface and the fluorescently-labeled target in the solution in contact with the surface. Then noise is the result of the fluorescence of the target molecules which did not interact with the probe molecules, but have been immobilized on the surface via non-specific adsorption. In reality, the noise is also often the result of the fluorescence not related to the target, e.g., the background fluorescence of the surface. Whatever the components of the noise, a high SNR allows the user to amplify the power of the excitation light, and thus boost the signal, and consequently detect lower concentrations of the target analyte. Conversely, a low SNR will make it the quantification of the signal difficult, or unreliable, possibly even for high concentrations of the target.

While interference effects are used (Redkar et al., 2006; Schultz et al., 2011) for the overall amplification of the fluorescence on highly-sensitive, albeit flat, microarray substrates, such as Nexterion HiSens E, the patterned FLIC-enabled structures (Fernandez, 2009b) offer two additional opportunities for SNR maximization. First, the distinctly different materials of the elevated FLIC-enabled structures, and the surrounding reflecting surfaces, allow the deployment of very different chemistries, optimized for the efficient immobilization of the probe molecules on the top of FLIC structures, and for specifically repelling target molecules outside the FLIC-enabled areas. Second, FLIC can be used not only for the amplification of the signal on FLIC-enabled structures, but also, separately, for the extinguishing of the parasitic fluorescence outside the FLIC areas.

Fig. 4 presents the variation of the intensity and contrast of the microarray spots deposited on high sensitivity, commercially available substrates (Nexterion E and Nexterion HiSens E), and on FLIC-enabled structured surfaces, both as pillars and as wells, and on using Si, or Pt, as reflectors, modulated by the concentration of the target in the analyte solution. While it is evident that the intensity of the fluorescence signal is stronger on the high sensitivity, commercial substrates (in particular Nexterion HiSens E), the Pt-based, pillar architecture of the FLIC-enabled structures can also detect the lowest concentration of the target. In this context, it should be noted, however, that only half of the total area of the FLIC-enabled structures is actually available for



**Fig. 4.** A. Schematic cross-section view through the four FLIC-enabled substrates (active areas, containing micro-pillars and micro-wells, respectively), negative control surface (Control 1, comprising flat, non-processed, native SiO<sub>2</sub> areas), and a positive control surface (Control 2, comprising flat SiO<sub>2</sub> layers with the same thickness as the adjacent optimized FLIC structures). B. Fluorescence micrographs of entire substrates after hybridization. From top to bottom, these substrates are plain glass, Nexterion E, Nexterion HiSense E, micro-pillars/ on Si, micro-wells/ on Si, micro-pillars/ on Pt and micro-wells/ on Pt (a descriptive sketch of each substrate type is shown on the right side of the image).

fluorescence signal, the rest being taken by the spaces between pillars (or wells), and consequently the sensitivity of detection relative to the detection area is considerably higher.

Despite the lower overall signal, to be improved by further optimization, the laterally-defined geometry of the FLIC-enabled structures offers important benefits for signal quantification. The procedure used for data extraction in microarray technology is based on the Otsu thresholding algorithm (Rueda and Rezaeian, 2011). For FLIC-enabled substrates, the same type of thresholding was initially applied to ensure non-biased identification the area where the sub-spots are, followed by a selection comprising a  $3 \times 3$  array of  $6 \times 6$  pixels superimposed on a set of nine sub-spots, then followed by the automated determination of the area where the sub-spots (FLIC pillars or wells) were located (Fig. SI6 in Supplementary information section). Further, the non-square sub-spots, prevalent at the borders of the spot, were excluded, on the basis of the underlying design concept of the substrates as sets of only rectangular,  $5 \times 5 \mu\text{m}$  'pixels' (Fig. SI7 in Supplementary information section). The statistical relevance was easily achieved, as FLIC-enabled structured surfaces present 270 pixels, whereas the number of pixels per spot deemed statistically sufficient in the microarray literature ranges between a minimum of 25 (Dufva, 2005) or, generally, a pixel size of a tenth of the spot diameter (Scheda, 2003). This spatially-assisted quantification of the fluorescence signal on FLIC-enabled structured surfaces, which is free of the uncertainties related to the finding the spot boundaries, delivered a better than expected SNR (Fig. 5), in particular for higher concentrations of the target.

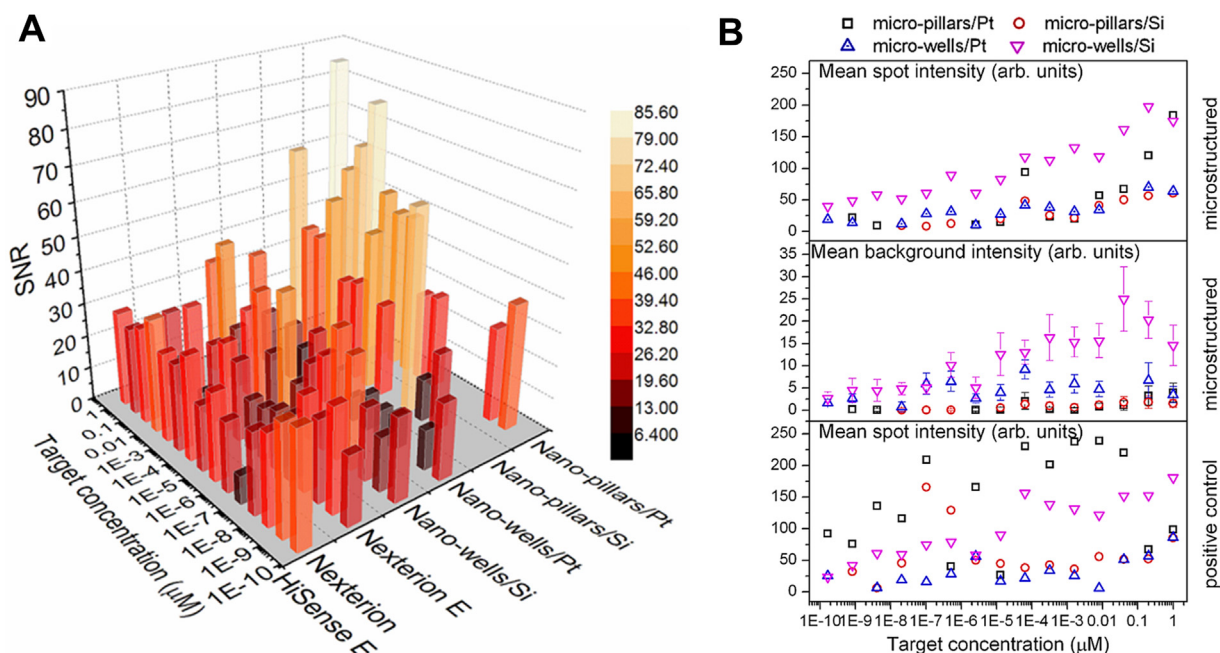
The fluorescence signals on both microstructured and positive control surfaces (top and bottom, respectively, in the right panel in Fig. 5) are approximately one order of magnitude higher than that of the background on microstructured surfaces (middle graph in the right panel in Fig. 5). However, as a result of the more even spatial distribution of the fluorescence intensity on microstructured surfaces than on the flat positive control (see also Fig. 6, right panel), and thus a better integration of the fluorescence signal, a clear correlation between the fluorescence signal on microstructured surfaces (and of the background) and the target concentration can be inferred, as opposed to the more scattered data resulted from the deposition on flat control surfaces.

#### 3.4. Intra-spot signal uniformity

The measures used to quantify the data resulting from each spot (whether mean, median, mode, etc.) do not offer any information about the spatial distribution of the fluorescence intensity inside the spot, but non-uniform spots result in the degradation of the quality of, and the confidence in the data. A simple and useful spot metric that can provide a general uniformity estimate is the Relative Standard Deviation (RSD), given by the ratio between the standard deviation and the mean spot intensity (Moran-Mirabal et al., 2007). Using this figure of merit, the performance of the FLIC-enabled substrate appears to be superior to those of flat, non-structured areas, i.e. the positive control region (Fig. 6).

While the elevated fluorescence distribution is readily apparent when compared to the corresponding flat control area, there is a set of benefits arising from the composite spot structure. One such advantage, briefly discussed above, is the introduction of a structuring element that can objectively deliver a rejection criterion. Thus, a geometric threshold where sub-spots that do not take the shape imposed by the substrate, square in this case, can be disregarded without compromising the whole data-set, i.e., the array of sub-spots comprising the spot. Another important point is the limitations imposed by the reflector material. To our best knowledge, the only commercial fluorescence enhancement slide available (Redkar et al., 2006; Schultz et al., 2011) is based on a dielectric stack coating. However, it was shown that the performance of such a slide can be matched, or surpassed by using a single silicon oxide layer and a highly reflective basal layer (Marino et al., 2008). The authors have assigned the improved performance to



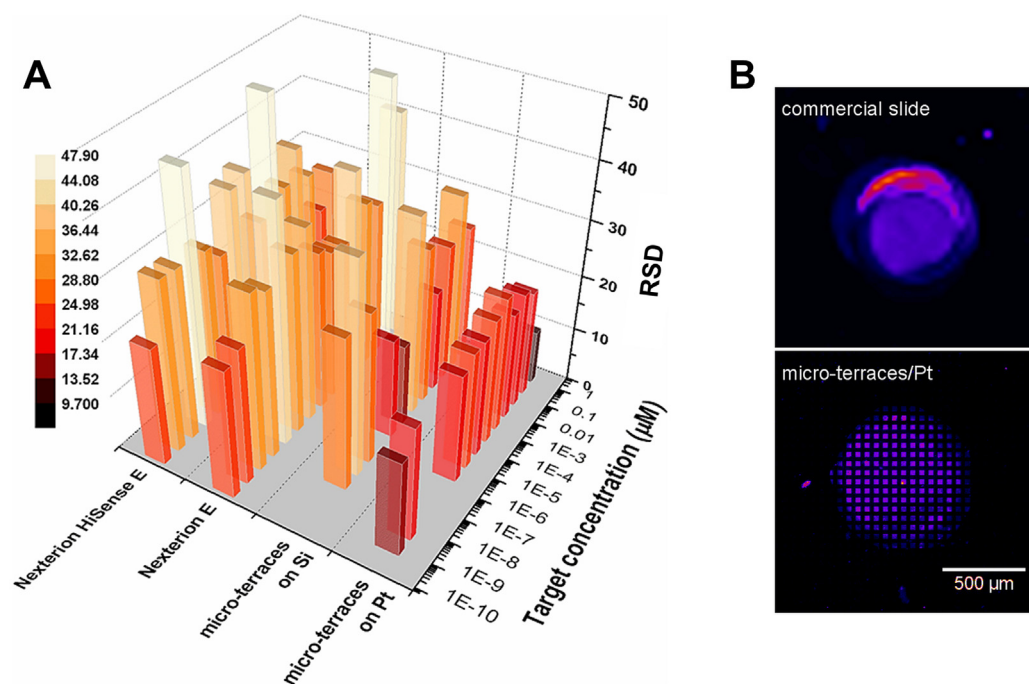


**Fig. 5.** A. Comparison of the contrast of the fluorescence signal on the spot, quantified by the Signal/Noise Ratio (SNR) (vertical axis), for two commercial substrates (Nexterion HiSense E and Nexterion E), and four types of FLIC-enabled structures, i.e., pillars and wells, on Si, and Pt, respectively (right horizontal axis), versus the target concentration (left horizontal axis). B. The variation of the individual components of SNR versus target concentration: top mean spot fluorescence intensity on microstructured surfaces; middle: mean background fluorescence intensity on microstructured surfaces; bottom: mean fluorescence intensity of the spots printed on positive controls).

the immunity to changes in refractive index taking place in the immediate vicinity of the coating, as opposed to the dielectric stack whose fluorescence enhancement properties are affected by the optical properties of the media immediately outside the stack. This is made possible in the micro-well architecture where a silicon oxide insulation layer protects the reflector surface and thus a whole range of materials, e.g. aluminum, silver, which might otherwise not be optimal for operation in fluid aqueous environment.

#### 4. Conclusion

The design and fabrication of Fluorescence Interference Contrast-enabled micro/nano-structured surfaces have been optimized with regard to the amplification of the fluorescence signal, the signal/noise ratio, and signal uniformity in the microarray spots. The enhancement of fluorescence by FLIC-enabled structures, with an optimum height of 100 nm, and an optimum footprint of  $5 \times 5 \mu\text{m}$ , was demonstrated both via oligonucleotide hybridization and streptavidin attachment on



**Fig. 6.** A. Comparison of the uniformity of the fluorescence signal on the spot, quantified by the Relative Standard Deviation (RSD) (vertical axis), for two commercial substrates (Nexterion HiSense E and Nexterion E), and two types of micro/nano terraces, on Si, and Pt, respectively; left horizontal axis) versus the target concentration (right horizontal axis). B. False color representation of the spatial distribution of the fluorescence signal on a spot printed on a commercially substrate (top) and printed on structured substrates (pillars, bottom).

biotinylated structures. Using this optimum design, the performance of four FLIC-enabled surfaces, comprising pillars, or wells; on Si, or Pt, respectively, was benchmarked against that of commercial microarray substrates. While the FLIC-enabled substrates offer a comparable, but lower fluorescence signal than that of high sensitivity commercial microarray slides, the spatial distribution of the fluorescence intensity is more even on FLIC-enabled substrates than on flat surfaces. Furthermore, the embedded information regarding the distribution, shape, and size of the FLIC ‘pixels’ allows for a better classification of the signal, and the background noise, respectively, resulting in a signal/noise ratio equivalent to the high end microarray substrates. Because the optimum design and choice of materials is a function of the fluorophores, and the buffer used, respectively, further work would be required to tailor the FLIC-enabled structures according to specific applications. It is also envisaged that the use of micro-structured substrates can improve the automated detection process and thus the reliability of the resulting data for microarray applications.

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## Authors’ contribution

SD and DVN designed the experiments. FvD fabricated the micro/nano-structures. SD performed the work regarding microarray performance. JA-H contributed to functionalization and hybridization work. PS contributed to data analysis. DVN directed the research.

## Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.bios.2018.09.009](https://doi.org/10.1016/j.bios.2018.09.009).

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